

Booking your Strive 2024 Sessions

STRIVE
FITNESS CONFERENCE
Presented by **LIV**_{unLtd}

PEAK PERFORMANCE

Strive, Thrive & Achieve

June 8, 2024
8am-6pm

Select **Book Sessions**
from top menu or lower
on the page.

Select 1 session per time slot

Session 1 (10:15am - 11:30am)

Session 2 (12:00pm -1:15pm)

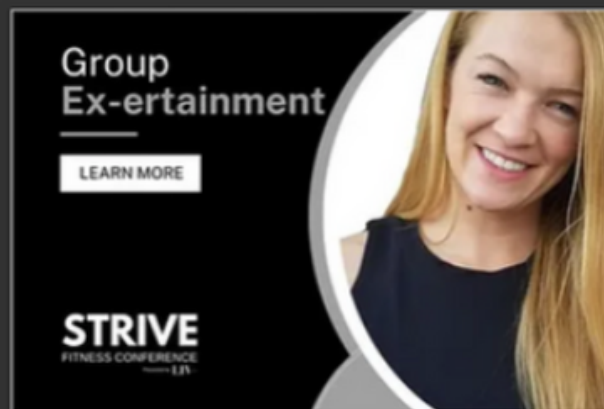
Session 3 (2:15pm-3:30pm)

Session 4 (4:00pm-5:15pm)



**Breathing For
Performance**

Presented by Ben McDonald



**Group Ex-
ertainment**

Presented by Amanda Scott



**Nervous System
Regulation
Biohacking**

Presented by Hannah

Select the **session time slot** you are looking to book for.

Breathing for Performance

LEARN MORE

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Breathing For Performance

Presented by Ben McDonald

[Learn more about session](#)

Reserve Your Spot

Group Ex-ertainment

LEARN MORE

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Group Ex-ertainment

Presented by Amanda Scott

[Learn more about session](#)

Reserve Your Spot

Nervous System Regulation Biohacking

LEARN MORE

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Nervous System Regulation Biohacking

Presented by Megan Leslie

[Learn more about session](#)

Reserve Your Spot

Semi-Private Training

LEARN MORE

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Trauma Informed Personal

LEARN MORE

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Unleashing Your Ultimate

LEARN MORE

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You can learn more about a session by clicking **Learn More** and book your session by clicking the **Reserve Your Spot** button.

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[< Back](#)

Group Ex-ertainment

Select a Date and Time

Eastern Standard Time (EST)

Service Details



Group Ex-ertainment
June 8, 2024 at 10:15 a.m.
Humber College - Room A224
Amanda Scott
1 hr 15 min
Part of a plan

< June 2024 >						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

Saturday, June 8

10:15 a.m.

Next

Once you have clicked
Reserve Your Spot,
simply click **Next** from
this screen.

< Back

Client Details

Tell us a bit about yourself

Already have an account? [Log In](#) for faster booking.

Name *

Email *

0/100

Phone Number

What facility / organization are you representing?

Booking Details

Group Ex-ertainment
June 8, 2024 at 10:15 a.m.
Humber College - Room A224
Amanda Scott
1 hr 15 min

Payment Details

Strive 2024 - Early Bird

Buy a plan

On this page, you can
add your information
and then click **Buy a
Plan.**

Checkout

1 Sign Up

To purchase this plan and use its benefits in the future, log in to your account or sign up.

Sign Up

Log In

2 Payment

Order summary

Strive 2024 - Early Bird \$89.99
Duration: Until canceled
Sessions: 4

 [Enter a coupon code](#)

Subtotal \$89.99
Tax (13 %) \$11.70

Total \$101.69

On this page, you will **Sign Up** or **Log In**. Once you have created your account, you will return to this page.

Checkout

1 Sign Up

To purchase this plan and use its benefits in the future, log in to your account or sign up.

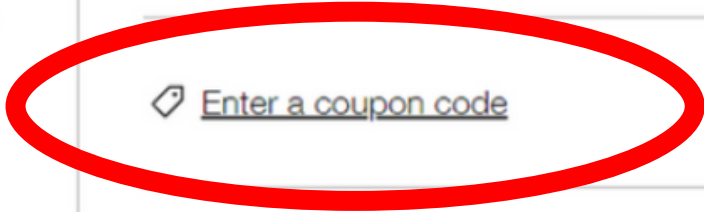
Sign Up

Log In

2 Payment

Order summary

Strive 2024 - Early Bird \$89.99
Duration: Until canceled
Sessions: 4

Enter a coupon code

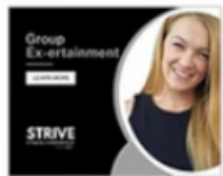
Subtotal	\$89.99
Tax (13 %)	\$11.70
Total	\$101.69

Once you return to this page, don't forget to enter your **Coupon Code** if you have one!

My Cart

[Select More Sessions >](#)

Order summary



Group Ex-ertainment

C\$0.00



Subtotal

C\$0.00

C\$0.00

Pay with a plan


June 8, 2024 at 10:15 AM

1 hr 15 min

Amanda Scott

Humber College - Room A224

Checkout

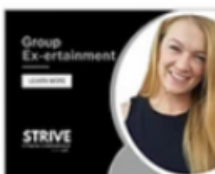
 Secure Checkout

Once you've purchased your pass, you will be directed to your cart where you can check out OR select more sessions.

My Cart

Select More Sessions >

Order summary



Group Ex-ertainment

C\$0.00



C\$0.00

Pay with a plan

June 8, 2024 at 10:15 AM

1 hr 15 min

Amanda Scott

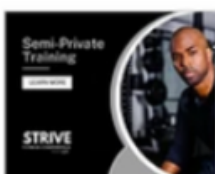
Humber College - Room A224

Subtotal

C\$0.00

Checkout

Secure Checkout



Semi-Private Training

C\$0.00



C\$0.00

Pay with a plan

June 8, 2024 at 12:00 PM

1 hr 15 min

Nsuani Baffoe

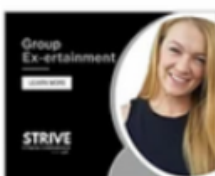
Humber College - Functional Trai...

Continue adding sessions to your cart until you have your 4 sessions selected. If you every get stuck on a page, click Book Sessions.

My Cart

[Select More Sessions >](#)

Order summary



Group Ex-ertainment

C\$0.00



C\$0.00

Pay with a plan

June 8, 2024 at 10:15 AM

1 hr 15 min

Amanda Scott

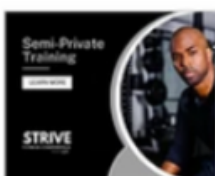
Humber College - Room A224

Subtotal

C\$0.00

Checkout

Secure Checkout



Semi-Private Training

C\$0.00



C\$0.00

Pay with a plan

June 8, 2024 at 12:00 PM

1 hr 15 min

Nsuani Baffoe

Humber College - Functional Trai...

Once your cart is full,
click **Checkout**.

Logged in as wellnorth@livunltd.com

[Log out](#)

Customer details

First name *

ⓘ Enter a first name.

Last name *

ⓘ Enter a last name.

Phone *

Continue

Order summary (4)

[Edit Cart](#)



Group Ex-ertainment

C\$0.00

Pay with Strive 2024 - Early Bird

[More Details](#) ▾



Semi-Private Training

C\$0.00

Pay with Strive 2024 - Early Bird

[More Details](#) ▾



Cueing 101

C\$0.00

Pay with Strive 2024 - Early Bird

[More Details](#) ▾

Subtotal

C\$0.00

GST/HST

C\$0.00

Total

C\$0.00

Follow the remainder of
the prompts and you
are all set!

If you ever get stuck, don't hesitate to reach out to use at Strive@livunltd.com.

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